

CONTACT INFORMATION

If you have any questions or would like more information you can contact the Diabetes in Pregnancy Project Coordinator:

(08) 8946 8509 or
DIPPINQ@menzies.edu.au

You can also visit the Diabetes in Pregnancy Partnership website:
<https://diabeteslifecourse.org.au/>

If you have any concerns or complaints about this project, you may contact the FNQ Human Research Ethics Committee Coordinator on
(07) 4226 5513
or by email FNQ_HREC@health.qld.gov.au

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Illustrations created throughout by digital artist Charlotte Allingham, a young Wiradjuri woman living in inner Naarm (Melbourne)

DIABETES IN PREGNANCY

FAR NORTH QUEENSLAND



CLINICAL REGISTER INFORMATION FOR WOMEN



INFORMATION COLLECTED FOR THE REGISTER

The Clinical Register contains information about your diabetes, pregnancy and baby's birth.

Information that is collected includes individual details, pregnancy health information, diabetes test results (before, during and after pregnancy), diabetes medications, delivery information, your baby's health at birth, and breastfeeding.

If you have diabetes in pregnancy, there are ways that can help to improve your diabetes management and have a healthy pregnancy and birth.

These include:

- Eating the right amount of healthy foods
- Being physically active
- Attending your routine health appointments
- Checking your blood sugar levels regularly
- Taking your diabetes medications, including insulin if required



WHAT IS THE CLINICAL REGISTER?

The Clinical Register contains information about women with diabetes in pregnancy in Far North Queensland.

All women who have diabetes in pregnancy can be included in the Clinical Register. This includes women with type 1, type 2 or gestational diabetes.

The Clinical Register assists health professionals involved in the management of your diabetes care during pregnancy, including follow up for diabetes screening after pregnancy.

Summary information also helps health services improve care for women with diabetes in pregnancy.

Your information will be collected for the Clinical Register unless you advise otherwise (opt out).

HOW IS YOUR HEALTH INFORMATION USED?

Information about the health of women throughout Far North Queensland who have diabetes in pregnancy and their babies is regularly reported to clinicians and health services to assist with monitoring and improving health care services.

Reports containing summarized health information from the Clinical Register may be published or discussed at health meetings.

These reports do not contain any of your personal details or private information such as your name or contact details.

This summary information helps health professionals and health services understand and improve how we care for women with diabetes in pregnancy across the region.